

Blood Cancer Diagnosis, 'Spot Leukaemia' Workshop North Wales

Registration - £10 members £15 non members

Time and date:

20th November 2019

12:00pm to 5:00pm

12:00pm - 1:00pm Registration and Lunch

Venue:

Glyndŵr University , St Asaph, Ffordd William Morgan, St Asaph Business Park, St Asaph LL17 0JD

The Royal College of General Practitioners and Leukaemia Care welcome you to this participative workshop; designed to empower primary care health professionals to recognise the vagaries involved in a rare blood cancer diagnosis and be up to date of appropriate referral pathways. The event will also focus on communication during diagnosis, establishing an action plan and appropriate after care.

The purpose of the event is:

- To raise the index of suspicion for primary care workers. To give specific tips on early warning signs.
- To improve the quality of communication and support offered to patients and their families by primary care.

Primary care health professionals play a crucial role in diagnosing blood cancer early. But the fact that you may only see one case of blood cancer every two years, combined with the notoriously vague and non-specific symptoms, means that diagnosis can be a challenge. As a result, blood cancers have a higher rate of emergency diagnosis than other cancer types. Emergency presentation rates account for 30% of blood cancers diagnosed, compared to 22% across all cancers. The highest emergency presentation rates for any cancer type occur in acute lymphoblastic leukaemia (ALL), at 65% of patients. Early diagnosis has a significant impact on both survival rates and patient experience.

- A desired outcome of this event is that practices will be better placed to diagnose the condition early, refer earlier and above all be more informed in managing a patient holistically.
- A further desired outcome would be for attendees to disseminate learning to their practice and audit how they have fared in the past and implement updates.

AGENDA

12:00pm - 1:00pm Registration and Lunch

1:00pm - 1:05pm Introduction

Event chair – Dr Tom Kneale, RCGP Education Lead.

1:05pm – 1:30pm ‘Spot Leukaemia’ campaign, Leukaemia Care patient survey

Charlotte Martin, Patient Advocacy Manager, Leukaemia Care.

- Survey findings, recommendations and GP eLearning
- Emergency presentation, study of routes to diagnosis

1:30pm – 2:30pm Blood cancer epidemiology, early diagnosis and influence on outcomes in the modern era.

1:30pm - 2:00pm: Dr Amit Patel, Consultant Haematologist and Programme Director of Stem Cell Transplantation and Cellular Therapy at Clatterbridge Cancer Centre (The Christie, from December 2019).

2:00pm - 2:30pm: Dr Adrian Bloor, Consultant Haematologist & Honorary Clinical Senior Lecturer. Director of haematology and stem cell transplantation.

- Epidemiology - classification of disease type, clinical features, pathophysiology etc.
- The burden of different blood cancers on patients and the NHS
- How do you practically encounter blood cancers and manage things in primary care?
- Varied presentations with case vignettes
- Signs and symptoms
- Outcomes in the modern era
- Referral and holistic care, differing challenges and patients’ needs

2:30pm – 3:00pm ‘Top tips’, things not to forget about blood cancers .

Dr Amit Patel, Consultant Haematologist and Programme Director of Stem Cell Transplantation and Cellular Therapy at Clatterbridge Cancer Centre (The Christie, from December 2019).

Dr Adrian Bloor, Consultant Haematologist & Honorary Clinical Senior Lecturer. Director of haematology and stem cell transplantation.

- Workshop ten questions, key points (from earlier talk)
- Hand out list of ‘top tips’

3:00pm – 3:30pm GP perspective – Clinical care in practice.

Dr Elaine Hampton, Macmillan GP facilitator (Macmillan Cancer Framework Primary Care and Acute Oncology).

- Significance of early diagnosis
- Symptom vagaries
- Reasons for delay in diagnosis
- Overcoming challenges and barriers to early testing and referral

3:30pm – 3:45pm Tea break

3:45pm - 4:00pm Samantha Slaney, acute leukaemia patient story and perspectives.

4:00pm - 4:15pm Dr John Perkins, GP and chronic leukaemia patient story and perspectives.

4:15pm - 4:30pm A parent's perspective.

Dr Tom Kneale, RCGP Education Lead.

4:30pm - 5:00pm Clinical care in practice continued. Panel discussion with floor.

Dr Amit Patel, Consultant Haematologist and Programme Director of Stem Cell Transplantation and Cellular Therapy at Clatterbridge Cancer Centre (The Christie, from December 2019).

Dr Adrian Bloor, Consultant Haematologist & Honorary Clinical Senior Lecturer. Director of haematology and stem cell transplantation.

Charlotte Martin, Patient Advocacy Manager, Leukaemia Care.

Dr Elaine Hampton, Macmillan GP facilitator (Macmillan Cancer Framework Primary Care and Acute Oncology).

Dr John Perkins, GP and chronic leukaemia patient.

Samantha Slaney, acute patient speaker.

- Doctor/patient communication
- Establishing an action plan
- On-going holistic care

5:00pm - 5:10pm Parting summary - take home points - I have learned

Event chair - Dr Tom Kneale, RCGP Education Lead.