

## Leukaemia Care - Leukaemia Counselling Service

Leukaemia Care is a national blood cancer support charity. We are dedicated to ensuring that anyone affected by blood cancer receives the right information, advice and support. Please visit [www.leukaemiacare.org.uk](http://www.leukaemiacare.org.uk) for more information on our services.

### Objectives

Leukaemia Care is committed to addressing the emotional and psychological needs of leukaemia patients and close family members affected by a blood cancer diagnosis. Leukaemia Care are providing access to private counselling services through the provision of grants.

### What we will fund

- Up to a maximum of six counselling sessions, including the initial assessment.
  - Maximum award of £420 per applicant.
  - Your counsellor must be registered with the British Association of Counselling and Psychotherapy (BACP), the UK Council of Psychotherapy (UKCP) or Counselling and Psychotherapy in Scotland (COSCA).
  - If you require relationship counselling as a result of your diagnosis, then counselling through Relate (affiliated through the BACP) is also permitted.
  - Counselling can be provided face-to-face, by phone or online.
- Counselling will only be provided in the UK.

### Eligibility criteria

1. You must be a patient with a diagnosis of leukaemia, MDS or MPN, or a parent, sibling, child or spouse of a patient.
2. You must be seeking counselling as a direct result of a leukaemia, MDS or MPN diagnosis either as a patient, or the parent, spouse, child or sibling of a patient.
3. You must be a resident of the UK.

## Examples of eligibility

- Support for chronic leukaemia patients struggling with being on watch and wait.
- Support for leukaemia patients who have relapsed following treatment.
- Support for patients with MDS and MPNs.
- Support for patients with dependent children.
- Support for leukaemia patients 100 days post stem cell transplant.
- Support for patients struggling with fertility issues as a result of treatment.
- Support for patients with a terminal diagnosis.
- Support for parents, siblings, children or spouses struggling with bereavement resulting from a leukaemia diagnosis.
- Parents, spouses, siblings or children (including young carers) caring for someone with leukaemia struggling with their new responsibilities as carers.

## Items not eligible for funding:

- Continuation funding for people currently in therapy with a counsellor whether private or NHS.
- Retrospective funding for people who have seen a therapist in the past.
- Counselling provided by a relative or friend, even if they are qualified counsellors.
- Counselling provided by someone who is not registered with either the British Association of Counselling and Psychotherapy, the UK Council of Psychotherapy or Counselling and Psychotherapy in Scotland.
- Counselling provided by a trainee/student counsellor even if they are registered with either the British Association of Counselling and Psychotherapy, or the UK Council of Psychotherapy.

## How to apply

1. The service opens in January each year. There is no closing date, awards are distributed on a first come, first served basis until the service has depleted for the year.
2. Please complete the application form below and return to [grants@leukaemiacare.org.uk](mailto:grants@leukaemiacare.org.uk) or via post to [FREEPOST RLXX-RJRA-ACRH, Leukaemia Care, One Birch Court, Blackpole East, Worcester, WR3 8SG.](#)
3. Please enclose a copy of a letter from your consultant confirming your diagnosis – scan and/or photocopies are acceptable.
4. If you have any queries about the service or how to complete the application form, please call the Leukaemia Care helpline on [08088 010 444](tel:08088010444).

## **Processing your application**

1. We will acknowledge receipt of your application.
2. Your application will be assessed by the Patient Services team.
3. You can expect a decision within 10 working days of Leukaemia Care assessing your application.
4. All applicants will be informed of the outcome of their application by email or post.
5. Successful applicants will also be contacted by phone to discuss next steps.

## **Terms and conditions**

Your application will only be assessed if:

- you meet all of the eligibility criteria.
- all parts of the application form are fully completed.
- there are funds remaining within the counselling service for distribution.

## **What you can expect if your application is successful**

We will ask you to complete a brief questionnaire before starting counselling and then again when you have finished. This is to allow Leukaemia Care to measure the impact of the service on people affected by a leukaemia diagnosis.

If you want help sourcing a counsellor, we can help with this, and will provide you with contact details. These counsellors do not work on behalf of Leukaemia Care and we are not responsible for the service provided, we curate a list of counsellors who've previously supported leukaemia patients and close family members through this service and received positive feedback. You are also welcome to source your own counsellor, as long as they are registered with the British Association of Counselling and Psychotherapy (BACP), or the UK Council of Psychotherapy (UKCP). We strongly recommend that you call and speak with several counsellors to see if it is someone you feel you can work with.

Please note that the cost of the initial assessment is included within the six-session maximum that Leukaemia Care will fund.

Counselling services are in high demand so if after the first session you decide counselling is not for you, don't worry – just let us know. We can then assign the funding to someone else.

## **Confidentiality**

Your personal information will only be used for the purposes of assessing your application for the Leukaemia Counselling Service and if successful, to administer payment and to evidence the impact of the counselling on you. The feedback you provide will be anonymised.

## Hear about how we can support you further

If you wish to hear about our services and how to get involved, please tick the box.  
I am happy to receive email communications/newsletters from Leukaemia Care: ☐

## Share your story

We use stories to show our impact to supporters but also in campaigning work to improve the lives of people affected by blood cancer. If you wish to share your story of diagnosis or supporting someone with a blood cancer, please tick the box and we will get in touch with you: ☐

## Follow-up call

If you would like a follow-up call from our nurse, please tick this box: ☐

## Application form

### Section 1

Surname:

First name:  Title:

Email:

Phone:

Home address:

Gender:      Male ☐                      Female ☐                      I prefer to self-describe ☐

Date of birth:

Hospital and name of consultant where you/your family member are being treated:

If you are a family member, what is your relationship to the patient:

Diagnosis:

Why are you seeking counselling?

Were you offered counselling on the NHS?

Have you undergone counselling on the NHS for the same issues?

What do you hope to achieve by the end of your sessions?

Do you need help finding a counsellor?

Yes ☐

No ☐

If you have identified a suitable counsellor, please provide their name, address, phone, email and registration number for either the BACP or the UKCP. We will check their membership with the relevant body.

### Application agreement

I confirm I have read the terms and conditions and agree to abide by them. I agree to provide written feedback when the award is made and on completion of my course of six counselling sessions.

Signature:

Date:

If you have questions, please call our freephone help line on [08088 010 444](tel:08088010444).

Please return all applications by email as an attachment or by post to:

[FREEPOST RLXX-RJRA-ACRH](#)

[Leukaemia Care](#)

[One Birch Court](#)

[Blackpole East](#)

[Worcester](#)

[WR3 8SG](#)

[grants@leukaemiacare.org.uk](mailto:grants@leukaemiacare.org.uk)

**For internal administration only:**

<b>Was award funded?</b>	Yes or No
<b>Amount to be funded</b>	
<b>Purchase order number and date raised</b>	
<b>Entrance questionnaire completed?</b>	Date:
<b>Exit questionnaire completed?</b>	Date: